Sport Premium Impact 2019-20

In 2019-20 the allocation is a lump sum of £16000, plus £5 per pupil. This school will receive an estimated £16407.

The Sport premium Grant for 2019-20 was targeted towards:

Item	Budget	Plans
Inter-school events and competitions delivery & organisation	£1000	Application and entry for School Games Marks competitions has improved links with local primary and secondary schools. Inter schools football/ netball/ lacrosse/ running/ hockey/ tri golf matches amongst others. Support for inclusion and gifted and talented in PE. During the Covid-19 pandemic this has included virtual competitions.
PE coordinator professional development programme. Linked teaching with coaches	£6082.02	Plan to develop a federated sports plan to support impact from 3-16yrs. PE coordinator and teaching assistants are working alongside coaches Hockey/ football/ tennis and Lacrosse to support transition to no coaches with consideration that funding might expire in the near future. Pool safety training for John Ruskin, Coniston Primary staff and parents in the community (12 people), has enabled teaching and club sessions to take place safely and following pool safety guidelines. PE coordinator to attend Tennis coaching for teaching - Lakes School in March.
Running Club with PE coordinator and TA	£784 £560	Promotes sport Inclusion for all as 85% of the school children attend this club. It's an active club to help combat obesity in young children regardless of fitness level. (Childhood obesity: a plan for action Jan 2017). Enabled school to support sports gifted and talented children for county competitions. Promotes an avenue in to local running clubs and national competitions – Ambleside and Broughton runners.
Transport to events and competitions curricular and extra-curricular	£2325.00	All children have been able to attend events as appropriate, including those further afield. Local mini bus and PE coordinator driving, depending on numbers, has enabled access to more events with an emphasis to include children in Key Stage 1 at cluster schools.
Football sessions R-Year 6 and after school club.	£735	7 sessions and after school club with a specialised football and skills coach. Attended competition at Lakes School mixed gender and girls 6 a side at the Lakes school. Friendly match with St Cuthberts's Catholic Primary hosted at Coniston School. TA attended club to provide inclusion for all age groups and increase opportunity for whole school to attend.
Wheelchair basketball Nursery to year 6 (x1 full day sessions)	£195	To teach children to value and realise their full potential no matter what. To inspire and provide children the experience of others. Inclusive sport with sessions including Nursery to Yr6.
Hockey coaching for Reception to Year 6 Teacher led	£300	7 sessions with PE coodinator. PE coordinator has worked alongside the coach last year to develop techniques and skills for continuing the session as coach is retiring. School games competition at the Lakes School. Children are performing better year on year.
Water sports and orienteering activities at Priestly Centre	£100	Sailing, canoeing, kayaking, for KS2 children to develop confidence, challenge themselves and team build. Improved links with local outdoor centres. Provides an opportunity for Centre staff training prior to the Summer opening.
Cricket coaching for Reception to Year 6	£281.25	Cumbria Cricket to provide 6 sessions coaching for KS1 & 2 All Stars club runs weekly during the summer term with 20+ children and their parents attending at the local cricket club. 2

		parents attended coaching and have qualified to teach the sport. Sadly our coach Nathan Atkinson was tragically killed in a farming accident. This was a great loss to a former student and excellent and inspiring coach. To honour his memory school planned an inter school event and the purchase of a named bench on site.
Cumberland Wrestling	FOC	Cumberland and Westmoreland Wrestling one off session. Entry into County Sports show inter schools competition. 4 children attended to represent school during the summer holidays.
Fundamental Skills - Tosh Farrell	£360	6 sessions teaching basic fundamental skills from Recption to Year 6 then doing an after school club for 25 pupils mixed ages but focussing on KS1 with Year 6's supporting.
Swimming coach KS2, KS1 and after school club Reception to Year 6 with John Ruskin School	£722.90	7 sessions KS2 linked with John Ruskin School and Pool hire 100% of children taught are now confident in small pools. There are 2 after school club swimming sessions.KS1 and Reception swam this year and had 3 water confidence sessions. Equipment purchased for pool safety course. See resources.
High five netball with Secondary school coach from John Ruskin school	£310	7 sessions and Club Autumn term Federation opportunity to share teacher from local secondary school. Attended Inter school High 5 KS2 competition at The Lakes School with a great result for School games Mark competition.
Tri Golf	£320	5 sessions for years R-6 with a specialist coach from Windermere Golf Club. Attended Inter school competition KS2 at The Lakes School with skills improved from last year. School Games event.
Lacrosse – Teacher led	£420	6 sessions coaching KS2 teacher then inter schools competition in Kendal Strammongate school. Link with another South Lakes Cluster with larger school providing more challenge in competitive arena.
Key Stage 1 dance and dance for year 3 and 4 with specialist teacher Nicola Moorhead for Christmas production.	£300	11 sessions with 2 small groups to choreograph and support Christmas production. Increase in attendance at local dance school. Supporting children with advanced skills in dance and improving balance, agility and coordination..
Tennis with specialist coach from Ulverston tennis association	£420	7x sessions R-Year 6 Attended Inter school competition at Lakes school for year 3/4 children. PE coordinator attended some sessions to continue tennis coaching next academic year.
Tower Wood Outdoor residential (transport)	£743.50	Years 3/4 1 night residential to introduce outdoor and adventurous activities and introduce one overnight residential. (23 children)
Bewereley Park Outdoor Residential	£875	Year 5/6 2 night residential. Night time orienteering, ghyll scrambling, canoe, kayak, high ropes. Stump Cross caverns and Fountain's Abbey. Sadly these sessions were postponed due to the Covid -19 pandemic.
Kendal Mountain festival Years 5-8	£195.00 transport	To inspire pupils with talented speakers in sports such as walking, running, mountain biking, climbing and paragliding. Assembly delivered to inspire pupils. Children were invited to share poetry and appear on stage in front of other schools. Confidence building. Showcasing their own achievements.
Brewery Arts Dance Platform	£300	A platform dance to showcase children's talents across different schools in Lakes and Kendal cluster. I chose Key Stage 1 class to promote confidence performing in transition for Lakes school event in KS2. Develop resilience and

		performance. Postponed to 2021
Windermere Outdoor Centre	£45	Sailing, canoeing, kayaking, for KS1 children for transition to KS2 outdoor residential and to develop confidence, challenge themselves and team build from a younger age. Improved links with local outdoor centres.
Sports equipment safety check Championship entry cost Virtual run entry Running club ice cream	£15 £18 £16 £40	Yearly equipment check for safety. CSSA County championship entry Year 6 Competition organised at running club Reward for a year's running!
Equipment and resources	£1470.58	Sports day medals, Junior lacrosse set, balance bar. Mini tennis set. Tennis balls and footballs. Virtual run medals. Hurdles set Pool safety: Throw line. X2 rescue aids. Pool divider. Pace setter.

PE coordinator comments

There continues to be a lack of local nearby competitive sports where children do not have to travel to take part although this has improved with the use of the cricket club this summer and more involvement with the Sports and Social club. They have provided a room for us during wet weather where 2 classes are booked for PE sessions across the year groups. We are incredibly grateful and happy about the strong link we have with the club.

There is a tennis and bowling club in the community that we hope to access more frequently over the coming years. There may be a need to put some of the money from sport funding into a local activity possibly at school or the sports and social club to enable this to happen.

Gary Weatherburn tennis coach continues to be very complimentary about both children's learning and staff in school. Children continue to remain engaged and enthusiastic in their learning. Next year the PE coordinator will be teaching tennis to all years to reduce costs.

Now all children in years 4/5/6 have had horse management, horse care and 2x riding lessons. To reduce costs and upskill and support in house staff training the Horse Riding sessions will now be every 2 years if PE Sport funding continues.

Years 5/6 completed Cyclewise training and 60% of the school use their bikes during Bike to school week and travelling to and from school throughout the week. (NB consider sport funding to secure more bike stands in school as children are leaning them against trees etc as stand is full.
We are currently looking into year 4 also taking part in cycle wise training during the academic year 2020-2021 if Active travel are funded for this.

A year 3/4 1 night residential in outdoor and adventurous activities has been ran again this academic year. This is a transition to a longer year 5&6 residential. As year 4's attended last year they knew what to expect and could support the year 3's with this new experience and first time away from home for some. Excellent support feedback from the parents with this new trip now in its second year. Very cost effective and we think great value for money.

We continue to use many outdoor centres locally that provide opportunities for the children to have the confidence and contacts to access those centres outside school time with families:

- John Ruskin Secondary School – Annual Fell Race, inter school competitions, work experience, PE specialist teacher teaches Netball and Swimming.
- Better – Ulverston Leisure Centre astro for inter school hockey, tennis and football matches.
- Windermere Outdoor Centre – Watersports
- The Lakes School – Inter school cluster sporting competitions
- Ambleside Climbing Wall – children attend private tuition

- Nicola Moorhead Dance School – Children attend private tuition and Nicola teaches dance
- Windermere Hockey Club – Children attend sessions
- Cumbria Pole Art Barrow – Children attend private tuition
- Witherslack Hall Equestrian – children attend private tuition and pony club.

1 pupil who started Judo after first experiencing it at school is progressing well through the belts and is now orange and loving it! She is taking part it competitions in the county. We will continue to support and monitor her progress.

Attending numerous competitions are enabling improved performance from pupils. They're gaining confidence and skills in each sport as they're being taught the fundamental skills from an earlier age. Children are gaining confidence being watched under competitive arena by parents, other teachers and other children. As a small mixed age school competing with larger schools we still find it difficult to make up numbers for some team sports competitions and find the level of competition is quite high.

We can complete an hour of physical activity every day. '60 minutes a day'
2 hours of PE per week for each class Reception to year 6.
Lunchtime activities – Dinner ladies attended a course (2018) to apply games during lunch time. Some resources were bought to support this.
Active play time – games/ resources purchased bikes, skipping balls, skipping ropes etc
PE extra curricular clubs – Running all year, football, cricket, fundamentals, amongst others.

Working with school nurses, health centres, healthy weight teams, community clubs
This year we had a successful application to enter The School Run but with our running club instead of whole school. The children ran a loop from school over Guards Wood and back through Blue bell wood. 2.73 miles, 305ft elevation in 50 minutes. Each child received a certificate and medal.

School mile as part of lunch time activity

Parents being active with children – running in the community
Cricket all stars
Walking
Cycling
Couch to 5k started and 10+ parents attend hosted at the Coniston Sports and Social Club
Mindfulness is delivered by Miss Yates in Class 2 after attending intense training last academic year.

Parents support and referee (Brian Raven) for us with inter school competition with Broughton School
Children attend various local football clubs.

It would be advantageous to release another PE survey to get an idea of parents' views on the delivery of PE over the last few years. It will be interesting to see the children's views with regard to clubs that are and have been offered and if there is anything they still wish to experience.