

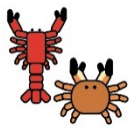

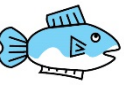
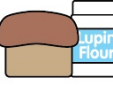










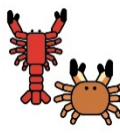
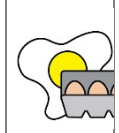
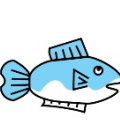
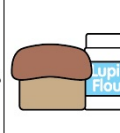

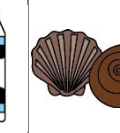

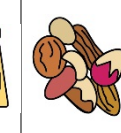
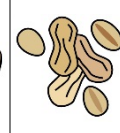

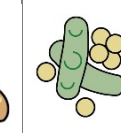



# DISHES AND THEIR ALLERGEN CONTENT – CONISTON C E PRIMARY SCHOOL – WEEK 1 MENU

| DISHES   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--|---|---|---|---|--|---|---|---|---|---|---|---|---|---|
|  | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish   | Lupin   | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Wholegrain Homemade Pizza with Sweet Potato Fries      | ✓   | ✓   |   |   |  |   |   |   |   | ✓<br>(may contain)  |   |   |   |   |
| Sausages, Mashed Potatoes & Carrots                    | ✓   | ✓   |   |   |  |   | ✓   |   |   |   |   |   |   |   |
| Mixed Vegetable Quiche with New Potatoes & Mixed Salad | ✓   | ✓   |   | ✓   |  |   | ✓   |   |   | ✓<br>(may contain)  |   |   |   |   |
| Lasagne served with Salad                              | ✓   | ✓   |   | ✓   |  |   | ✓   |   |   | ✓<br>(may contain)  |   |   |   |   |
| Salmon Special Fried Rice with Prawn Crackers          | ✓   |   |   | ✓   |  |   | ✓   |   |   |   |   |   |   |   |
| Bread Buns   |   | ✓   |   |   |  |   | ✓   |   |   | ✓<br>(may contain)  |   |   |   |   |
| Cheese   |   |   |   |   |  |   | ✓   |   |   |   |   |   |   |   |
| Ham  |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| Tuna   |   |   |   | ✓   | ✓  |   |   |   | ✓   |   |   |   |   |   |
|  |   |   |   |   |  |   |   |   |   |   |   |   |   |   |

|                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------------|---|---|---|---|--|---|---|---|---|---|---|---|---|---|
| DISHES                      | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish   | Lupin   | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Chocolate Semolina Pudding  |   | ✓   |   |   |  |   | ✓   |   |   |   |   |   |   |   |
| Apple Sponge Cake & Custard |   | ✓   |   | ✓   |  |   | ✓   |   |   |   |   |   |   |   |
| Jelly Whip & Seasonal Fruit |   | ✓   |   |   |  |   | ✓   |   |   |   |   |   |   |   |
| Flapjack                    |   | ✓   |   |   |  |   | ✓   |   |   |   |   |   |   |   |
| Milkshake & Biscuits        |   | ✓   |   |   |  |   | ✓   |   |   | ✓<br>(may contain)  |   |   |   |   |
| Yoghurt                     |   |   |   |   |  |   | ✓   |   |   |   |   |   |   |   |
| Fresh Fruit Salad           |   |   |   |   |  |   |   |   |   |   |   |   |   |   |

Date reviewed:

Nov 22

Reviewed by:

Mr Derek Peart



You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)