
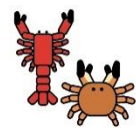

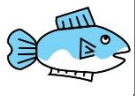








DISHES AND THEIR ALLERGEN CONTENT – CONISTON C E PRIMARY SCHOOL – WEEK 1 MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Wholegrain Homemade Pizza with Sweet Potato Fries	✓	✓								✓ (may contain)				✓
Toad in the Hole, Mashed Potatoes & Carrots	✓	✓		✓			✓			✓ (may contain)			✓	✓
Chicken Burgers, Diced Sauté Potatoes, Salad or Peas/Beans		✓		✓			✓			✓ (may contain)				
Lasagne, Garlic Bread	✓	✓					✓							
Fresh Salmon & Chive Fish Cakes, Potatoes Baked in Stock		✓		✓	✓		✓			✓ (may contain)				
Braised Potatoes	✓								✓				✓	✓
Bread Buns		✓								✓ (may contain)				
Cheese							✓							
Ham														
Tuna				✓	✓				✓					
Ice Cream				✓			✓						✓	

Apple Crumble		√					√			√ (may contain)				
Choc Caramel Shorbread		√					√			√ (may contain)				
Syrup Sponge		√		√			√							
Fruit or Yoghurt							√							
Flapjack		√					√			√ (may contain)				
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard				√			√							
Rice Crispy Cake		√		√			√			√ (may contain)				
Choc Chip Sponge		√		√			√			√ (may contain)				
Choc Sauce				√			√							
Fresh Fruit Salad														

Date reviewed:

Sept 2022

Reviewed by:

Mr Derek Peart



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