

# DISHES AND THEIR ALLERGEN CONTENT – CONISTON C E PRIMARY SCHOOL – WEEK 2 MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Wholegrain Pizza with Potato Waffles & Sweetcorn		✓					✓							
Sweet & Sour Chicken with Wholegrain Rice & Carrots		✓												✓
Cottage Pie with Broccoli & Gravy	✓	✓					✓							
Homemade Sausage Roll with Mashed Potatoes, Beans & Gravy	✓	✓					✓							✓
Fish, Chips & Peas		✓			✓				✓					
Jacket Potato Various Fillings (see below) Salad	✓	✓										✓	✓	
Tuna Mayo				✓	✓				✓					
Cheese							✓							
Ham														
Beans														
Sandwiches Bread (see fillings below)		✓											✓	
Tuna Mayo				✓	✓				✓					

Egg Mayo				✓					✓					
Cheese								✓						
Ham														
<b>DISHES</b>														
	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Mollusc</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
Flapjack		✓					✓							
Ginger Biscuits		✓												
Rice Pudding with Tinned Fruit		✓					✓							
Fruit or Yoghurt							✓							
Chocolate Crunch		✓		✓			✓							
Jelly & Ice Cream with Tinned Fruit							✓							

Review date:

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Reviewed by:

Mrs D Warne



You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)