

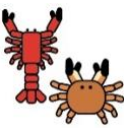
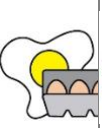
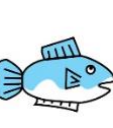
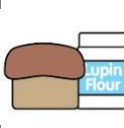




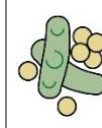




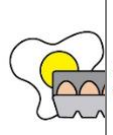












# DISHES AND THEIR ALLERGEN CONTENT – CONISTON C E PRIMARY SCHOOL – WEEK 1 MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Meatballs with Pasta & Peas	✓	✓					✓						✓	
Mini Cheese Pie with Mashed Potatoes & Beans	✓	✓		✓			✓		✓					✓
Roast Chicken Dinner with Roast Potatoes & Carrots	✓	✓					✓							
Wholegrain Pizza with Salad, Coleslaw & Beans		✓					✓							
Fish Fingers with Smileys & Sweetcorn		✓			✓		✓							
Jacket Potato, Various Fillings(see below) & Salad	✓													
Tuna Mayo				✓	✓				✓					
Cheese							✓							
Ham														
Beans														
Bread Roll with Various Fillings (see below) & Salad	✓	✓										✓	✓	
Tuna Mayo				✓	✓				✓					

Cheese							✓							
Egg Mayo				✓						✓				
Ham														
Fruit or Yoghurt							✓							
Flapjack		✓					✓							
<b>DISHES</b>														
	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Mollusc</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
Shortbread Biscuit & Milkshake		✓		✓			✓						✓	
Raspberry Bun		✓		✓			✓							
Ginger Sponge with Custard		✓					✓							
Ice Cream Roll		✓		✓			✓							
Fruit Muffins		✓		✓			✓							

Review date:

June 2022

Reviewed by:

Mrs D Warne



You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)