



# NEWSLETTER

e-mail: [head@coniston.cumbria.sch.uk](mailto:head@coniston.cumbria.sch.uk)  
[admin@coniston.cumbria.sch.uk](mailto:admin@coniston.cumbria.sch.uk)  
 Web Address: [www.coniston.cumbria.sch.uk](http://www.coniston.cumbria.sch.uk)  
 @ConistonSchool - Tel: 015394 41302



Friday 24<sup>th</sup> January 2020

**Stars of the Week** - Evie Kirkbride, Abbey Wrathall, Thomas Metcalfe, Melissa Graham - **Well Done!!**

**South Lakes Cross Country** - Well done to all our runners at the Casterton Cross Country. They all did amazingly well and should feel very proud of their own personal achievements. The results are as follows:

Jamie 34/98  
 Sam 52/98  
 Anita 48/80  
 May 30/80  
 Lucie 16/70  
 Michael 71/78

So happy to announce that, as Lucie got 16th place, she will compete at the county trials at Hunter Hall in Penrith on 12th February.

**Art Club** - There will be no further Art Clubs this half term due to low take up - sorry.

**Tower Wood, Class 3** - Consent and medical information forms for Tower Wood have been sent home with Class 3 children. Please can you complete the form and provide payment by Wednesday 29<sup>th</sup> January. If you have any questions about this trip, please come and speak to Mrs Blackburn or Miss Beaumont.

**Tubes** - If anyone has big cardboard tubes i.e. postal tubes, carpet tubes, paper towel tubes, big smarties' tubes, could you please send them in to school. Class 2 will be making rain sticks as part of their studies on Australia.

**Class 2** - Emily Davies will be coming into school on a Wednesday afternoon to do dance with Class 2 in preparation for the Brewery Arts Dance Platform. A letter about this will follow next week.

**JRS Bingo** - Come along to the JRS Winter Blues Busting Bingo on Saturday 25<sup>th</sup> January at 7pm! There will be prizes galore and fun to be had! An event not to be missed!!

**H S A Meeting** - The next H S A meeting will take place on Tuesday 28<sup>th</sup> January at 7pm in The Crown. We would love to see some new faces so please come along and find out what we do!

## Monday

Chicken Grills with Sautee Potatoes & Peas  
Flapjack

## Tuesday

Sausage with Mashed Potato, Carrots & Gravy  
Chocolate Sponge/Chocolate Sauce

## Wednesday

Cottage Pie with Broccoli  
Rice Pudding with Fruit

## Thursday

Burger in Bun with Sweetcorn & Salad  
Jelly Whip with Tinned Fruit

## Friday

Fishcakes (Salmon) Mashed Potato and Baked Beans  
Fruit Muffins

## Monday

Jacket Potato  
Various Fillings & Salad  
Fruit or Yoghurt

## Tuesday

Cheesy Pasta with Garlic Bread  
Salad  
Fruit or Yoghurt

## Wednesday

Savoury Platter  
Coleslaw and Salad  
Fruit or Yoghurt

## Thursday

Jacket Potato  
Various Fillings & Salad  
Fruit or Yoghurt

## Friday

Filled Roll with Salad & Coleslaw  
Fruit or Yoghurt

**Jacket potatoes and sandwiches are available daily as an alternative to the above menu and need to be ordered from the kitchen. Fruit & yoghurt are always available. Children will be offered milk as part of their lunch (including packed lunch children). Meals cost £2.30 per day or £11.50 per week.**

### ALLERGENS

**A list of allergens contained in our school meals is available from the School Office and Kitchen if needed. The information will also be put onto the school website.**

### **Toast and juice available from 8:45 – 8:55 am**

Toast 20p per slice or 30p for 2 slices, Juice 20p  
If parents have any queries or problems related to school meals please feel free to contact Mrs Warne from 8:30 am – 2:00 pm, Mon – Fri.  
The kitchen phone number is 41548

### **SCHOOL HOLIDAY DATES**

Fri 14 Feb	- School closes for half term
Mon 24 Feb	- School re-opens
Fri 27 Mar	- School closes for Easter
Tues 14 Apr	- School re-opens

### **DATES FOR DIARIES**

Thur 6 – Fri 7 Feb	- Tower Wood Residential, Y3/4
Wed 12 Feb	- Cross Country, Penrith
Wed 11 Mar (12:45PM)	- Elleray Cross Country
Mon 16 Mar	- South Cumbria Music Festival

After School Clubs – Monday 13<sup>th</sup> January to Friday 14 February 2020

**ALL CLUBS START AT 3.20PM AND CHILDREN SHOULD BE COLLECTED FROM SCHOOL AT 4.20PM PROMPT – EXCEPT FOR RUNNING CLUB WHICH FINISHES AT 4.30PM**

Monday  
No Clubs

Tuesday  
No Clubs

Wednesday                      Sparks!  
Reception to Year 2

Thursday                         Running Club  
Reception to Year 6

Friday  
No Clubs

**\*\*\* H S A NEWS \*\*\***

**The next H S A meeting will take place on Tuesday 28<sup>th</sup> January at 7pm in The Crown.**

Please do try to support us in our fundraising events this year. All money raised is spent on your children and also to help subsidise school trips to make it more affordable for parents. If we don't get support we can't help and therefore costs to parents will rise!!

#### Let's Dance

Are you ready to get fit for the summer sun? Move to the beat of the music to improve your cardio fitness and dance skills. Come and get your whole body moving with our dance fitness class led by Georgia Broomhead.

Classes are held at Coniston Primary School. Children's classes begin at 6:30pm and adult classes at 7:30pm. Everyone welcome!!

Adult classes cost £4.75 per week (£3.75 if half term paid in advance).

For more information please contact Toni Whirity on 07886 193 557 or 015394 41302

No previous experience necessary, all abilities welcome!